

## Ask Your Doctor: Prostate Cancer Treatment Questions

Here is a list of questions to ask your doctor about prostate cancer diagnosis, treatment options, and post-treatment expectations.

### Understanding the specifics of your diagnosis

- What stage is my cancer?
- Is it confined to the prostate?
- How common or rare is my cancer?
- Does this change the treatment options I have?
- Based on my diagnosis, how much time do I have before the cancer spreads further?

### Understanding your treatment options and choosing your plan

- What is my recommended treatment plan?
- Why was this plan chosen for me?
- What is the goal of this treatment?
- How many procedures have you performed?
- What does success mean?
- How long has this treatment been available?
- How long of a recovery period can I expect?
- What kind of help will I need?
- What will be expected of me to get the best results?
- Why are other treatment options not available or recommended for me?
- Which specialists could you recommend for me to learn more about prostate cancer treatment options?

### Treatment details

- Where and how will I receive treatment (hospital, doctor's office, etc.)?
- Will you or another physician oversee my care and treatment?
- How long is the procedure and how long will I need to stay in the hospital?
- Will I need someone to drive me to and from the procedure?
- Who else should I inform to help and coordinate my care?

### Understanding how treatment affects your life

- What are the possible risks, complications, or side effects of my treatment?
- How long do they last and how can these be managed?
- How will this care impact my life?
- Can I perform daily activities at the same level?
- Will I need to take time off work for my treatments and recovery?



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